

# Lind-Ritzville-Sprague Track & Field 2019

Day	Date	Meet	Site	Time
Wed	3/13	Cheney Jamboree	Cheney	3:30 PM
Wed	3/20	League Meet	Asotin	3:00 PM
Sat.	3/23	MacDougall Invite	Colfax	11:00 AM
Fri	3/29	Glenn Wolf Memorial Invite	Deer Park	11:30 AM
Tues.	4/9	League Meet	Ritzville	3:30 PM
Sat.	4/13	NIKE - Van Kuren Invite	Spokane	8:30 AM
Wed	4/16	League Meet	Colfax	3:30 PM
Sat.	4/20	Quincy Invitational	Quincy	10:30 AM
Tues.	4/23	League Meet	Liberty	3:30 PM
Sat.	4/27	Undeberg Invitational	Ritzville	11:00 AM
Tues.	4/30	2B Team Championships	Colfax	1:00 PM
Fri	5/3	Ron Vanderhom Invite	Royal	5:30 PM
Tues.	5/7	NE 2B Sub - District Meet	Ritzville	2:30 PM
Fri	5/17	NE2B District Track Meet Day 1	C. Valley	3:30:00 PM
Sat.	5/18	NE2B District Track Meet Day	C. Valley	12:00 PM
Thur	5/23	State Track	EWU	TBD
Fri	5/24	State Track	EWU	TBD
Sat.	5/25	State Track	EWU	TBD

Head Coach: Caitlin Jeske

Assistant Coaches: Walter Crow, Morgan Walker

1/7/19